*Fair Oaks Elementary*

*Physical Education*

*Program Activities*

*2015-2016*

*Standards 1-5 Implemented Daily*

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| *Week*  | *Lesson**Focus* | *Week*  | *Lesson**Focus* |
| *1* | **k-5**First Week 7 Habits | *20* | **k-5**Volleying |
| *2* | **k-5**Spatial Awareness | *21* | **k-5**Volleying |
| *3* | **k-5**Spatial Awareness | *22* | **k-5**Jumping/Landing |
| *4* | **k-5**Traveling | *23* | **k-5**Jumping/Landing |
| *5* | **k-5**Traveling | *24* | **k-5**Jumping/Landing  |
| *6* | **k-5**Cooperatives | *25* | **k-5**Jumping/Landing |
| *7* | **k-5**Cooperatives | *26* | **k-5**Basketball |
| *8* | **k-5**kKicking | *27* | **k-5**Basketball |
| *9* | **k-5**Aerobic Games | *28* | **k-5**Basketball |
| *10* | **k-5**Bowling | *29* | **k-5**Fitness Test |
| *11* | **k-5**Bowling Academy | *30* | **k-5**Fitness Test |
| *12* | **k-5**Bowling Bombardment | *31* | **k-5**Striking w/ paddles & rackets |
| *13* | **k-5**Fitness Challenges | *32* | **k-5**Striking w/ paddles & rackets |
| *14* | **k-5**Fitness Circuits | *33* | **k-5**Striking w/ long arm implements |
| *15* | **k-5**Cup Stacking | *34* | Frisbee |
| *16* | **k-5**Cup Stacking | *35* | Frisbee |
| *17* | **k-5**Cup Stacking Relays | *36* | **k-5**Field Day Review |
| *18* | **k-5**Football | *37* | k-5Field Day ReviewField Days |
| *19* | k-5Football | *38* | Class of the YearPicks Lesson |