*Fair Oaks Elementary*

*Physical Education*

*Program Activities*

*2015-2016*

*Standards 1-5 Implemented Daily*

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| *Week* | *Lesson*  *Focus* | *Week* | *Lesson*  *Focus* |
| *1* | **k-5**  First Week  7 Habits | *20* | **k-5**  Volleying |
| *2* | **k-5**  Spatial Awareness | *21* | **k-5**  Volleying |
| *3* | **k-5**  Spatial Awareness | *22* | **k-5**  Jumping/Landing |
| *4* | **k-5**  Traveling | *23* | **k-5**  Jumping/Landing |
| *5* | **k-5**  Traveling | *24* | **k-5**  Jumping/Landing |
| *6* | **k-5**  Cooperatives | *25* | **k-5**  Jumping/Landing |
| *7* | **k-5**  Cooperatives | *26* | **k-5**  Basketball |
| *8* | **k-5**  k  Kicking | *27* | **k-5**  Basketball |
| *9* | **k-5**  Aerobic Games | *28* | **k-5**  Basketball |
| *10* | **k-5**  Bowling | *29* | **k-5**  Fitness Test |
| *11* | **k-5**  Bowling Academy | *30* | **k-5**  Fitness Test |
| *12* | **k-5**  Bowling Bombardment | *31* | **k-5**  Striking w/ paddles & rackets |
| *13* | **k-5**  Fitness Challenges | *32* | **k-5**  Striking w/ paddles & rackets |
| *14* | **k-5**  Fitness Circuits | *33* | **k-5**  Striking w/ long arm implements |
| *15* | **k-5**  Cup Stacking | *34* | Frisbee |
| *16* | **k-5**  Cup Stacking | *35* | Frisbee |
| *17* | **k-5**  Cup Stacking Relays | *36* | **k-5**  Field Day Review |
| *18* | **k-5**  Football | *37* | k-5  Field Day Review  Field Days |
| *19* | k-5  Football | *38* | Class of the Year  Picks Lesson |